



Complete Women Care, Inc.

Comprehensive Medicine • Skilled Doctors • Women's Intuition

August 2009

COMPLETE WOMEN CARE NEWSLETTER

Volume 6

At Complete Women Care
Our mission is simple. We want to be the best OB-GYN practice in your community.

Our goal is to provide professional care with a warm, personal touch. We are here to help you, make you healthier and to bring a smile to your face. You are our best friend and dear family member.

Welcome to Complete Women Care!

Breakfast with the CWC Doctors!

We are excited to announce our first breakfast with the wonderful physicians of Complete Women Care. We are cordially inviting all of our OB patients to please join us Thursday October 1st at 7:00 AM at our Lakewood office for a chance to chat with our doctors and have breakfast. Our Lakewood office is located at 3650 East South Street #403 in Lakewood, CA 90712. We would love to see you!



**Complete
Women Care**

Lakewood

3650 E. South St.
#403
Lakewood, CA
90712
562-634-8812

Long Beach

2840 Long Beach
Blvd. #330
Long Beach, CA
90806
562-424-8422

San Pedro

1360 W. 6th. Street
#165
San Pedro, CA
90731
310-832-2369

Naples

5865 Naples Plaza
Long Beach, CA
90803
562-343-2814

**NEW Service: CWC now provides FREE Health
Coach guidance for a better pregnancy outcome!**

Complete Women Care is pleased to announce that Cindy Baldonado, PA-C has joined our practice. Cindy has been practicing in the South Bay and UCLA for several years and is excited about returning to the City of San Pedro where she previously worked for an internist.



Based on Harvard Medical School recommendations, Cindy will serve as a Health Coach for our pregnant patients. She has the latest information from leading medical institutions about important health topics such as proper nutrition, exercise, and breastfeeding. She will meet with patients on a regular basis, and spend about half an hour on one-

on-one counseling, sharing information, literature, answering questions and preparing pregnant patients for what is to come throughout their wonderful journey of motherhood. We will be offering this service to our patients with no co-pay or office fees.

She will also be performing Pelvic Training and Urodynamics for all other Complete Women Care patients.

The doctors and staff at Complete Women Care hope you will join us in giving Cindy a warm welcome! If you have friends or family in need of compassionate medical care, please call us and make an appointment!

Free 4-D Ultrasounds For OB Patients!

At 27-32 weeks of pregnancy, we provide a free 4D ultrasound package which includes a DVD set to music, CD with digital photos and a photo album. Other centers charge patients well over \$100.00 for such a service. We are pleased to extend this free offer to our wonderful patients!



Become our Fan on Facebook!

Complete Women Care is NOW on Facebook! Search for us as Complete Women Care and become a Fan! We will have updates about upcoming events, promotions, and other news! Also, we will have drawings from our fan base for gift baskets and other prizes!

We're on the Web!

www.completewomencare.com