



Complete Women Care, Inc.

Comprehensive Medicine • Skilled Doctors • Women's Intuition

May 2010

COMPLETE WOMEN CARE NEWSLETTER

Volume 13

**At Complete Women Care
Our mission is simple. We want to be the best OB-GYN practice in your community.**

Our goal is to provide professional care with a warm, personal touch. We are here to help you, make you healthier and to bring a smile to your face. You are our best friend and dear family member.

Welcome to Complete Women Care!

Complete Women Care

Lakewood
3650 E. South St.
#403
Lakewood, CA
90712
562-634-8812

Long Beach
2840 Long Beach Blvd. #330
Long Beach, CA
90806
562-424-8422

BRCA Testing (Breast Cancer Gene Test)

CWC is now offering BRCA testing for patients who may be at higher risk to develop breast or ovarian cancer.

The BRCA gene test uses a sample of saliva to check for specific changes in genes that help control normal cell growth. Finding changes in these genes, called BRCA1 and BRCA2, can help determine your risk of developing breast cancer and ovarian cancer.

A woman's risk of breast and ovarian cancer is higher if she has BRCA1 or BRCA2 gene changes. You should consider being tested if you can relate to any of the factors below:

- Two first-degree relatives with breast cancer, one of whom was diagnosed before age 50
- Three or more first- or second-degree relatives with breast cancer, diagnosed at any age
- Both breast and ovarian cancer in the family
- A first-degree relative with cancer in both breasts
- Two or more relatives with ovarian cancer
- One relative with both breast and ovarian cancer
- A male relative with breast cancer
- Or if you are of Ashkenazi Jewish descent.

Some benefits of BRCA testing are:

- A woman who discovers she has a BRCA mutation can start screening for cancer when she is younger or choose to reduce her risk of cancer through medication or surgery.
- A woman already diagnosed with cancer can take certain steps to try to prevent a second cancer.
- Individuals with a family history of breast or ovarian cancer may want to know whether they carry a mutation that could be passed down to their children.

Knowing your test results can also help your doctor or other providers manage your health care needs more effectively.

Will My Health Insurance Pay For BRCA Analysis?

Most health insurance companies pay for testing. In fact, more than 90% of tests receive coverage.

Can My Health Insurance Coverage Be Impacted Based On The Results?

No. The Genetic Information and Nondiscrimination Act of 2008 (GINA) prohibits discrimination in health insurance and employment based on genetic information.

For additional information on BRCA testing, please visit: <http://www.BracNow.com>.

To make an appointment to be tested, please call us now.

San Pedro

1360 W. 6th. Street
#165
San Pedro, CA
90731
310-832-2369

Naples

5865 Naples Plaza
Long Beach, CA
90803
562-343-2814

CWC Now Open Every Saturday!

CWC will now be open on Saturdays in our San Pedro or Lakewood offices to help accommodate our patients' busy lifestyle.

Please note: San Pedro is open every-other Saturday and the Saturday that San Pedro is closed, Lakewood will be open.

If you would like a Saturday appointment at either offices, please mention it when booking your next appointment.

CWC Now on Facebook!

Please check us out at:

<http://www.facebook.com/pages/Complete-Women-Care/77959319108>

We're on the Web!

<http://www.completewomencare.com/>

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